

Graduate Students IDP Practice Form

Use this form to organize your thoughts and draft your IDP responses. Once ready, submit your responses through the online IDP Google form. For guidance, refer to the BPRI Graduate Students' Goals and Planning Worksheet, which includes sample responses and objective statements for various sections of the IDP.

** Indicates required question*

1. Email *

Graduate Students' Personal Information

2. Student's Name:

3. Year Started the BPRI Program:

4. Primary Mentor Name:

5. Secondary Mentor:

6. Current Academic Year:

7. Date of Submission: *

Example: January 7, 2019

Section 1: Graduate Trainee Career Goals

8. What is your current career path?

9. Where do you envision yourself upon graduation?

10. What are you doing to achieve your career goal?

Section 2: Key Accomplishments (from the past year)

11. Highlight your key achievements from the previous year.

Section 3: Research Goals (that can be accomplished in the next year)

12. What are your lab/work research goals?

13. What papers are you currently writing or planning to write?

14. What meetings/symposia/workshops are you planning to present or attend?

15. For the meetings stated above, will you give a talk or poster?

16. What grant proposals will you be submitting?

17. What are your plans for engaging in interdisciplinary research?

Section 4: BPRI Lab Swaps I and II

Lab Swap I lasts one week to two months, while **Lab Swap II** refers to one-week-long cohort visits to BPRI labs other than trainees' primary institution.

18. What are your plans for participating in Lab Swap I or II? If yes, indicate the Lab Swap and your chosen BPRI host lab?

Section 5: Professional Development and Personal Goals (that can be achieved in the next year):

19. What are your teaching goals?

20. What are your leadership and professional development goals?

21. What are your outreach and community engagement goals?

Section 6: Self-Assessment (consider the overall process of communication between you and your mentors):

22. What are your current strengths?

23. What are your current weakness?

Thank you for submitting your IDP responses

**Helpful questions are adapted from the individual development plan for graduate students at the University of Minnesota and tailored to the BPRI situation*

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